

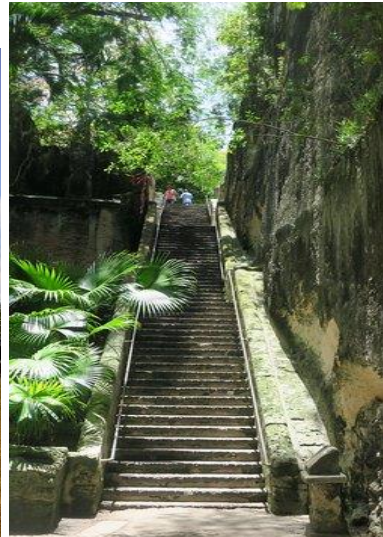


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# PLAN YOUR TOUR

## THE FORTS

**Fort Charlotte, Fort Fincastle/66steps, Fort Montague**



Enjoy an historic legacy filled tour of the forts which were built in the 1700's by the English to protect themselves from the Spaniards and the French pirates. Every Wednesday and Friday at Fort Charlotte & Fort Fincastle, at 11:30 a.m you will be able to enjoy a reenactment ceremony which allows you to step back in time and experience daily life in 18th-century Nassau. It features characters dressed in period costume, who exhibit basket weaving techniques, kitchen utensils used over 250 years ago, and fruits sold at the market. It culminates with the firing of the cannon at 12:00 noon. Please note that there is a small entrance fee for this experience.



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## Conch Demonstration



Truly a Bahamian experience! Enjoy a 101 conch lesson which includes how the conch comes out of the shell, cleaning of the conch, the parts of the conch and of course to top it all off you will be able to try the delicious freshly made conch salad. The conch salad is \$10 a bowl which can be shared amongst four people comfortably.

## The Cloisters



This beautiful historic site was built in the 14<sup>th</sup> century by French monks. It was once a Monastery, now its popularly used for weddings, photoshoots and different events. It's also a lovely place to see the view of the mainland from paradise island.





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### Time at the Beach



Love beach is a secluded beach, away from downtown and the busy areas. Enjoy sweet Bahamian music, food and drinks. Have a private party with your family & Friends. You can also snorkel for \$20. **Ask about our day package for 6 or more persons, lunch included.**

### The Bat Cave



The bat cave is a great experience as its history is just mind boggling. In the 10<sup>th</sup> century, the Lucayan Indians use to inhabit the caves but were enslaved by the pirates who hid their treasure in the cave. Currently, the cave is owned by fruit bats. Another great fact is that the cave is made of limestone which



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filters water and therefore the water is the freshest on the island. Added bonus : Take a pic in the famous kissing chair!!

### Fish Fry



Have lunch with the locals! Choose from 15-20 restaurants serving local Bahamian cuisine. Nobody does seafood better than us; fired, steamed, grilled, have it your way.

### Junkanoo World Museum & Arts Center







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Take in the sights and sounds of the Bahamas' premier cultural expression; Junkanoo! Enjoy an interactive and hands on experience. Hear the pulsation sounds of drums, horns and cowbells as you take in the unforgettable sights. Take a tour through the museum, dress up in junkanoo costumes, test out the drums and find a special souvenir in the gift shop. You can also enjoy a Bahamian lunch on site; conch fritters, conch salad, jerk chicken. **Please Ask about pricing for this wonderful experience.**

### Bahama Hand craft



Buy locally made souvenirs. From conch shell, coconut, straw and other shells in the sea.

### Rum Distillery



Enjoy an historical tour of one of the oldest 5 star restaurants in the Bahamas, which was once frequented by James Bond & Sean Connery . The tour culminates with a trip to the bar to enjoy a few drinks made with the rum.



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## Rum Cake Factory



Experience authentic rum Cake, marinated in our Nassau Rum. Enjoy free testing of various flavors such as Pina colada, amaretto, banana, cinnamon and much more. The rum cake factory makes over 1000 rum cakes a day which cannot be kept on the shelf.

## Bahamian candy store



Enjoy an authentic Bahamian SUGAR RUSH! **Also, ask about the candy store tour.**



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## Clifton Heritage Park



Enjoy a 45minute historical immersion into the African Slave Village, allowing you to walk through the experience of a slave and the slave master. Additionally, there is an ATV option which is an energy packed experience through the tropical forest, including ruins and old plantations. **The ATV experience** can also include beach time and lunch. Another option is the **shore snorkel** adventure which allows you to visit the underwater sculpture garden and explore the coral reefs and plane wrecks. **Please ask for pricing for these various experiences.**

## Snorkeling



"All day snorkeling cruise"- An amazing 6 hour cruise with our famous barbecue! Snorkel on a coral reef and visit a secluded beach. This cruise includes about 3 hours of



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actual sailing time, and about 2 1/2 hrs. at a lovely secluded beach on nearby Rose Island (8 mls. East of downtown Nassau). As for food & drink - coffee & donuts are served in the morning, fruits & chocolates in the afternoon, and a BBQ lunch is cooked to order while at anchor alongside the island. Lunch consists of BBQ chicken & ribs, potato salad and cole slaw, and fresh rolls. All day long there is unlimited complimentary fruit punch, iced tea, lemonade and bottled water. Our delicious Bahamian Rum Punch is also unlimited and complimentary - during the entire sail back to the dock! Hotel transfers are included from most hotels. **Please ask about pricing and other options for less time, private charter and dinner options.**

## Fishing & Snorkeling



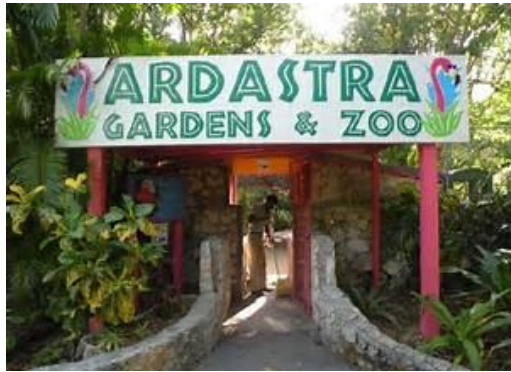
Enjoy a sightseeing boat tour, reef fishing and optional snorkeling experience near an exclusive Island. Beach time is also an option. Enjoy soft drinks and Bahama mama while you enjoy the ride. **Please ask about pricing for this experience.**





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## Ardastra Gardens zoo



Explore more than 4 acres of tropical gardens, learning about various animals, the native flowers and bird of the Bahamas. The famous daily Flamingo show takes place at 10:30am. Entrance fee is \$18pp, kids under 4 are free.

## Blue Lagoon Beach Day



Take a scenic boat ride over to the exclusive Blue Lagoon Island and enjoy a grilled lunch of your choice from the available menu, unlimited use of big boss noodles, inner-tubes, access to Dolphin Encounters facility to observe amazing dolphins and fascinating sea lions, access to Inflatable Aqua Park, access to Inflatable Tropical Paradise Park, use of Volleyball area and much more.



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## Dolphin Swim



The Dolphin Swim Program offers the unique opportunity for playful, educational interaction with these wonderful animals in our natural ocean lagoon. Begin with a fun, interactive orientation covering the dolphin's natural history, training techniques and ocean conservation. Once in your lifejacket, experience the joy of a dolphin kiss and fall in love with their gentleness as you hug a dolphin in your arms. Dance and sing with them, then marvel at the dolphin's strength as you are propelled across the lagoon in a thrilling foot push! In this program, trainers focus on allowing everyone to enjoy a high degree of interaction with the dolphins, and at the same time, teach you about these amazing animals in their natural habitat. Please ask about the other available programs such as the sea lion program, dolphin encounter program.

## ATV Adventure & Beach



"Experience an off-road scenic adventure through the lush nature and historical trails of the Clifton Heritage National Park. Afterwards, chill out



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on the beachfront, with a refreshing cocktail in hand from the bar. It's one rider per ATV, valid driver's license required, helmets and gloves are provided & guest between 16 and 18 years old must be accompanied by parent or guardian"

### **Swimming with the pigs in the Exuma's**



Take a day trip to the Exuma's for this exotic tropical experience. The adventure begins at 9am and ends at 5pm. Visit the stingrays, the sharks and the pigs. Some excursions include an all you can eat and drink lunch buffet. We have a plane and boat combo available for persons that get sea sick. Ask for pricing!

### **Sandy Toes Beach day & Swimming Pigs**

Looking for a way to experience swimming with the pigs without traveling 4 hours and still get all the fun in the sun action of a full private island experience. Here's how the day goes: Take a quick 25 minute trip from Paradise Island to Rose Island while touring Nassau Harbor, enjoy to your heart's desire with Beach Volleyball, Kayaking, Snorkeling, Tanning, Massages and much more, check out their world famous beach bar for some of their world famous drinks [Sandy Toes Beach Bar](#), play with and feed the swimming pigs.





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## Parasailing



Experience the Island through a bird's eye view, spotting a variety of marine wild life through the crystal-clear sea. This is definitely a "go 'to" attraction and will create memories to last a life time.

## Glass Bottom Boat Experience

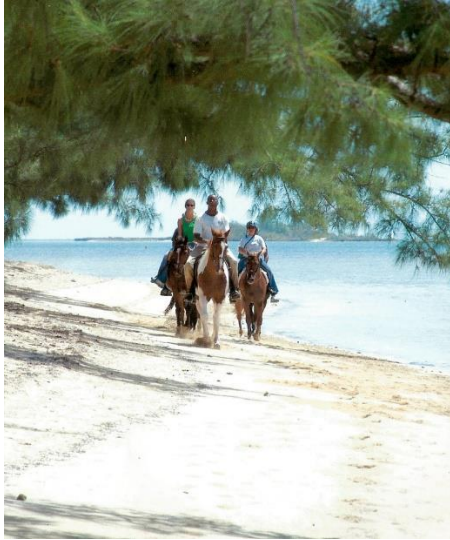


Take an exciting 1.5-hour journey into the underwater sea life and witness the marvelous undersea environs off the shores of the Bahama Islands. Experience snorkeling without getting wet. You will also be able to feed the fish.



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## Happy Trails



Start out of the ranch and away from the surrounding neighborhood towards the secluded Coral Harbor canal ways and into the trails proper. The trails lead through the woods and onto a beautiful unspoiled beach. The pace is leisurely, and no special experience is necessary.

There are just a few restrictions before booking: Children must be 12 years or older; Weight limit is 200lbs (we are flexible so please ask!) Rule of thumb is that no horse should be asked to carry more than 25% of its own body weight; Sorry, tandem riding is not permitted

## Tasty Teas





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“Take an exciting tour through “The Bahamas Tea Factory” offers whole tea leaves, filtered tea bags, refreshing iced teas and tropical juices, all made with authentic organic Bahamian plants herbs, fruits and spices. Other homemade organic goods include lotions, soaps, seasonings, coffees, body scrubs and more! They also serve fresh native juices like Soursop & Tamarind as well as refreshing Passion Fruit, etc with or without alcohol. This includes the well-known 21 Gun Salute (Natural Bahamian Viagra). Come in for a taste.”

### Tru Bahamian Food tour



#### Food & Cultural Tour (families) 3hour

“Travel off the beaten tourist path on this entertaining & delicious culinary adventure through Nassau's vibrant downtown neighborhood. Enjoy More than six tastings, bites and sips, enjoy a leisurely stroll through the colorful streets of colonial Nassau, meet local chefs, artisans and business owners and take home our signature Bites of Nassau Recipe Collection & Enjoy our Nassau Neighborhood Dining Guide – with maps and exclusive shopping coupons”

#### Food & Cocktail tour (adults only) 2 hours

“Enjoy 3 food & drink pairings as you leisurely taste & sip your way through charming Old Nassau on this 2-hour progressive dining adventure. Relax as an expert local guide takes you on a quiet escape through the city's most charming enclave; Feast on a hearty native lunch featuring; Meet one of Nassau's mixologist legends; Cap off the afternoon with a pairing of locally-inspired artisan chocolate bonbons and a full glass of wine from the island's only winery”





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